



Subway (NZ)

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

[Fast Food Industry →](#)



The 2025 US Pizza Restaurants & Industry Trends Report

[Pizza Industry →](#)



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

[Fast Casual Industry →](#)



2025 US Dining Restaurants & Industry

MARKET RESEARCH

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Picked for you

ITEM	PRICE
Pack of 6 Cookies Don't say we didn't warn you, our cookies are irresistible.	\$7.40
V Energy Drink 500ml false	\$6.10
Chicken Classic Subway Six Inch A Subway® classic – a tender chicken patty with a flavour-packed coating.	\$11.90
Italian B.M.T. Subway Footlong The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.	\$15.50
Chicken Teriyaki Subway Footlong Tender chicken breast strips marinated in our signature teriyaki sauce. Try it with our Sweet Onion dressing.	\$17.20

Current Promotions

ITEM	PRICE
BBQ Pulled Pork Subway Footlong Porc effiloché, cuit à feu doux avec un assaisonnement inspiré de Memphis, servi dans un pain footlong.	\$18.90
BBQ Pulled Pork Subway Six Inch Porc effiloché cuit lentement, agrémenté d'un assaisonnement typique de Memphis, servi sur un pain de six pouces.	\$13.00
BBQ Pulled Pork Wrap (Plain Wrap) Succulent, low and slow cooked pulled pork with a Memphis-style seasoning.	\$13.00
BBQ Pulled Pork Wrap (Gluten Free Wrap) Succulent, low and slow cooked pulled pork with a Memphis-style seasoning.	\$14.80

Subway Footlong®

ITEM	PRICE
Meatball Melt Subway Footlong Our signature meatballs in rich tomato marinara sauce.	\$15.10
Chicken Classic Subway Footlong A Subway® classic – a tender chicken patty with a flavour-packed coating.	\$17.20
Chicken Teriyaki Subway Footlong (Subway Footlong®) Morceaux de poulet tendres imbibés dans une sauce teriyaki maison, relevés par une touche de sauce Oignon Doux.	\$17.20
Three Pepper Chicken Subway Footlong Made with succulent 100% chicken breast, coated in golden, lightly peppered breadcrumbs, peppery but mild.	\$18.60
Chipotle Steak Melt Subway Footlong Juicy steak topped with your choice of melted cheese, add some freshly prepared salads and finish it off with a flavours...	\$18.60
Pork Riblet Subway Footlong A succulent boneless pork riblet patty. Try it with BBQ sauce.	\$14.10
Turkey Subway Footlong Tranches de poitrine de dinde servies dans un sandwich footlong. Accompagnez-les d'une touche de mayonnaise pour une sav...	\$15.90
Leg Ham Subway Footlong Jambon de cuisse fumé avec soin. Savourez-le accompagné d'une sauce moutarde au miel.	\$14.10
Veggie Delite with Avo Subway Footlong With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.	\$14.10
Pizza Melt Subway Footlong Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.	\$14.10

ITEM	PRICE
Italian B.M.T. Subway Footlong (Subway Footlong®) The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.	\$15.50
Roast Beef Subway Footlong Carved roast beef. Try it with sweet chilli sauce.	\$15.90
Tuna and Mayo Subway Footlong Morceaux de thon enrobés d'une mayonnaise onctueuse.	\$15.50
Chicken and Bacon Ranch Melt Subway Footlong Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing	\$18.60
Veggie Patty Subway Footlong A veggie patty packed with vegetables, spices and bursting with flavour.	\$15.40
Smashed Falafel Subway Footlong A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.	\$15.40
Chicken Strips Subway Footlong Tranches de poulet tendre.	\$16.90
Buffalo Chicken Subway Footlong Morceaux de poitrine de poulet enrobés d'une sauce Buffalo épicée, accompagnés de votre choix de fromage bleu acidulé ou...	\$17.20

Subway Six Inch®

ITEM	PRICE
Meatball Melt Subway Six Inch Our signature meatballs in rich tomato marinara sauce.	\$10.20
Chicken Teriyaki Subway Six Inch Tender chicken breast strips marinated in our signature teriyaki sauce. Try it with our Sweet Onion dressing.	\$11.90
Three Pepper Chicken Subway Six Inch Made with succulent 100% chicken breast, coated in golden, lightly peppered breadcrumbs, peppery but mild.	\$12.80
Chipotle Steak Melt Subway Six Inch Juicy steak topped with your choice of melted cheese, add some freshly prepared salads and finish it off with a flavours...	\$12.80
Pork Riblet Subway Six Inch Profitez d'un tendre patty de côtes de porc désossées, idéalement accompagné de sauce barbecue.	\$8.80
Chicken and Bacon Ranch Melt Subway Six Inch Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing.	\$12.80
Buffalo Chicken Subway Six Inch Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.	\$11.90
Leg Ham Subway Six Inch Premium smoked leg ham. Try it with our honey mustard dressing.	\$8.80
Veggie Delite with Avo Subway Six Inch With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.	\$8.90
Turkey Subway Six Inch Tranches de poitrine de dinde accompagnées de notre mayonnaise onctueuse.	\$11.20
Pizza Melt Subway Six Inch Tranches de pepperoni et salami superposées, nappées d'une sauce marinara maison, le tout gratiné avec du fromage fondu.	\$9.30
Italian B.M.T. Subway Six Inch The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.	\$10.70
Roast Beef Subway Six Inch Carved roast beef. Try it with sweet chilli sauce.	\$11.20
Tuna and Mayo Subway Six Inch Tuna chunks mixed with creamy mayonnaise.	\$10.90

ITEM	PRICE
Veggie Patty Subway Six Inch A veggie patty packed with vegetables, spices and bursting with flavour.	\$11.20
Smashed Falafel Subway Six Inch A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.	\$11.20
Chicken Strips Subway Six Inch Des morceaux de poitrine de poulet savoureux et tendres.	\$11.50
Chicken Classic Subway Six Inch (Subway Six Inch®) A Subway® classic – a tender chicken patty with a flavour-packed coating.	\$11.90

Wraps

ITEM	PRICE
Meatball Melt Wrap (Plain Wrap) Our signature meatballs in rich tomato marinara sauce.	\$10.20
Meatball Melt Wrap (Gluten Free Wrap) Our signature meatballs in rich tomato marinara sauce.	\$12.00
Chicken Teriyaki Wrap (Plain Wrap) Morceaux de poitrine de poulet marinés dans notre sauce teriyaki maison, accompagnés de notre vinaigrette à l'oignon dou...	\$11.90
Chicken Teriyaki Wrap (Gluten Free Wrap) Morceaux de poulet savoureux marinés dans notre sauce teriyaki maison. Parfait avec notre vinaigrette douce à l'oignon.	\$13.70
Turkey Wrap (Plain Wrap) Turkey breast slices. Try with our delicious mayo.	\$11.20
Turkey Wrap (Gluten Free Wrap) Turkey breast slices. Try with our delicious mayo.	\$13.00
Chicken Classic Wrap (Plain Wrap) A Subway® classic – a tender chicken patty with a flavour-packed coating.	\$11.90
Chicken Classic Wrap (Gluten Free Wrap) A Subway® classic – a tender chicken patty with a flavour-packed coating.	\$13.70
Chipotle Steak Melt Wrap (Plain Wrap) Empreinte de tendres morceaux de steak, le tout agrémenté d'une sauce Chipotle aux saveurs fumées, ce wrap offre une exp...	\$12.80
Chipotle Steak Melt Wrap (Gluten Free Wrap) Faux steak en dés juteux, nappé d'une sauce chipotle fumée, enveloppé dans une galette sans gluten.	\$14.60
Chicken and Bacon Ranch Melt Wrap (Plain Wrap) Des morceaux de poulet juteux et tendres, accompagnés de lard croustillant et assaisonnés d'une riche sauce ranch crémeu...	\$12.80
Chicken and Bacon Ranch Melt Wrap (Gluten Free Wrap) Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing	\$14.60
Buffalo Chicken Wrap (Plain Wrap) Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.	\$11.90
Buffalo Chicken Wrap (Gluten Free Wrap) Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.	\$13.70
Three Pepper Chicken Wrap (Plain Wrap) Rien	\$12.80
Three Pepper Chicken Wrap (Gluten Free Wrap) Faux-filet de poulet enveloppé dans une galette sans gluten, enrobé de chapelure dorée et assaisonné de trois poivres po...	\$14.60
Leg Ham Wrap (Plain Wrap) Premium smoked leg ham. Try it with our honey mustard dressing.	\$8.80
Leg Ham Wrap (Gluten Free Wrap) Premium smoked leg ham. Try it with our honey mustard dressing.	\$10.60

ITEM	PRICE
Chicken Strips Wrap (Plain Wrap) Tender chicken breast strips.	\$11.50
Chicken Strips Wrap (Gluten Free Wrap) Tender chicken breast strips.	\$13.30
Veggie Delite with Avo Wrap (Plain Wrap) Un wrap avec avocat crémeux, garni d'une variété de légumes frais de votre choix, accompagné de votre fromage préféré et...	\$8.90
Veggie Delite with Avo Wrap (Gluten Free Wrap) With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.	\$10.70
Pizza Melt Wrap (Plain Wrap) Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.	\$9.30
Pizza Melt Wrap (Gluten Free Wrap) Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.	\$11.10
Italian B.M.T. Wrap (Plain Wrap) Une délicieuse combinaison de pepperoni, salami et jambon cuit enveloppée dans une galette au goût neutre pour une expér...	\$10.70
Italian B.M.T. Wrap (Gluten Free Wrap) Un généreux assortiment de pepperoni, salami et jambon de Paris enveloppé dans une galette sans gluten.	\$12.50
Roast Beef Wrap (Plain Wrap) Carved roast beef. Try it with sweet chilli sauce.	\$11.20
Roast Beef Wrap (Gluten Free Wrap) Carved roast beef. Try it with sweet chilli sauce.	\$13.00
Veggie Patty Wrap (Plain Wrap) A veggie patty packed with vegetables, spices and bursting with flavour.	\$11.20
Veggie Patty Wrap (Gluten Free Wrap) A veggie patty packed with vegetables, spices and bursting with flavour.	\$13.00
Smashed Falafel Wrap (Plain Wrap) A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.	\$11.20
Smashed Falafel Wrap (Gluten Free Wrap) A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.	\$13.00
Pork Riblet Wrap (Plain Wrap) A succulent boneless pork riblet patty. Try it with BBQ sauce.	\$8.80
Pork Riblet Wrap (Gluten Free Wrap) A succulent boneless pork riblet patty. Try it with BBQ sauce.	\$10.60
Tuna and Mayo Wrap (Plain Wrap) Morue effilochée mélangée à une mayonnaise onctueuse.	\$10.90
Tuna and Mayo Wrap (Gluten Free Wrap) Tuna chunks mixed with creamy mayonnaise.	\$12.70

Sides/Extras

ITEM	PRICE
Meatball Mozza Pot Six boulettes de viande baignées dans une sauce marinara, coiffées d'une couche de mozzarella fondue.	\$4.20
Cheesy Garlic Toastie These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today!	\$3.70
Garlic and Herb Toastie These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today!	\$3.70
Avocado Toastie These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today!	\$3.70

ITEM	PRICE
Double Chocolate Chip Cookie Un duo de chocolat fondant dans chaque bouchée, alliant pépites moelleuses et une douceur cacaotée.	\$1.60
White Chip Macadamia Nut Cookie Don't say we didn't warn you, our cookies are irresistible.	\$1.60
Choc Chip MandM Cookie Un mélange gourmand de pépites de chocolat et de M&M's fondants, nichés dans chaque bouchée d'un biscuit moelleux.	\$1.60
Chocolate Chip Cookie Don't say we didn't warn you, our cookies are irresistible.	\$1.60
Oatmeal Raisin Cookie Don't say we didn't warn you, our cookies are irresistible.	\$1.60
Pack of 2 Cookies Don't say we didn't warn you, our cookies are irresistible.	\$2.50
Pack of 3 Cookies Don't say we didn't warn you, our cookies are irresistible.	\$3.70
Pack of 6 Cookies (Sides/Extras) Don't say we didn't warn you, our cookies are irresistible.	\$7.40
Pack of 12 Cookies Assortiment de 12 biscuits, chaque pièce offrant une douceur parfaite, allant du chocolat classique à des saveurs plus a...	\$12.40

Drinks	
ITEM	PRICE
Coca-Cola 600mL	\$5.50
Coca-Cola No Sugar 600mL false	\$5.50
Coca-Cola Zero 600ml false	\$5.50
Coca-Cola Vanilla 600mL	\$5.50
Coca-Cola Vanilla No Sugar 600ml	\$5.50
Sprite 600ml	\$5.50
Fanta Orange 600ml	\$5.50
L and P 600mL false	\$5.50
Coca-Cola 420mL	\$4.60
Coca-Cola No Sugar 420ml	\$4.60
Pump Water 750mL	\$5.00
Pump Lime 750ml	\$5.00
Mini Pump 400mL false	\$4.20
V Energy Drink 350ml false	\$5.70
V Energy Drink 500ml (Drinks)	\$6.10
Fuze Iced Tea Peach 500mL	\$5.60

ITEM	PRICE
Fuze Iced Tea Lemon 500mL	\$5.60
Powerade PET Berry Ice 750ml	\$5.80
Powerade PET Mountain Blast 750mL	\$5.80
Powerade Zero Mountain Blast 750ml	\$5.80
false	
Barista Bros Double Espresso Iced Coffee 500ml	\$5.60
MOST Organic Juice 275mL	\$5.20
false	
MOST Apple Orange and Mango 275ml	\$5.20
false	
MOST Sparkling Apple Blackcurrent 275ml	\$5.20
Orange Juice 350mL	\$4.60
Keri Kids Apple Blackcurrent 250mL	\$4.00

Kids Pak™

ITEM	PRICE
Ham Mini Sub	\$9.80
Premium smoked leg ham 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.	
Turkey Mini Sub	\$9.80
Un tendre morceau de poitrine de dinde, découpé avec soin, niché dans un pain de 4 pouces. Accompagné d'une boisson frui...	
Roast Beef Mini Sub	\$9.80
Carved roast beef 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.	
Veggie Delite with Avo Mini Sub	\$9.80
Veggie Delite™ with avo 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.	