

pricelisto



## Subway (NZ)

Menu Prices — July 31, 2026

### Restaurant & Food Industry Reports

pricelisto



**US Fast Food Restaurant Market Research**

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

[Fast Food Industry →](#)

pricelisto



**The 2025 US Pizza Restaurants & Industry Trends Report**

[Pizza Industry →](#)

pricelisto



**The U.S. Fast-Casual Restaurant Industry**

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

[Fast Casual Industry →](#)

pricelisto



**2025 US Dining Restaurants & Industry**

MARKET RESEARCH

[Casual Dining Industry →](#)

[Competitor Price Intelligence →](#)

Picked for you

| ITEM                                                                                                                                                     | PRICE   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <b>Pack of 6 Cookies</b><br>Don't say we didn't warn you, our cookies are irresistible.                                                                  | \$7.40  |
| <b>V Energy Drink 500ml</b><br>false                                                                                                                     | \$6.10  |
| <b>Chicken Classic Subway Six Inch</b><br>A Subway® classic – a tender chicken patty with a flavour-packed coating.                                      | \$11.90 |
| <b>Italian B.M.T. Subway Footlong</b><br>The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.                               | \$15.50 |
| <b>Chicken Teriyaki Subway Footlong</b><br>Tender chicken breast strips marinated in our signature teriyaki sauce. Try it with our Sweet Onion dressing. | \$17.20 |

Current Promotions

| ITEM                                                                                                                                                        | PRICE   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <b>BBQ Pulled Pork Subway Footlong</b><br>Porc effiloché, cuit à feu doux avec un assaisonnement inspiré de Memphis, servi dans un pain footlong.           | \$18.90 |
| <b>BBQ Pulled Pork Subway Six Inch</b><br>Porc effiloché cuit lentement, agrémenté d'un assaisonnement typique de Memphis, servi sur un pain de six pouces. | \$13.00 |
| <b>BBQ Pulled Pork Wrap (Plain Wrap)</b><br>Succulent, low and slow cooked pulled pork with a Memphis-style seasoning.                                      | \$13.00 |
| <b>BBQ Pulled Pork Wrap (Gluten Free Wrap)</b><br>Succulent, low and slow cooked pulled pork with a Memphis-style seasoning.                                | \$14.80 |

Subway Footlong®

| ITEM                                                                                                                                                                          | PRICE   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <b>Meatball Melt Subway Footlong</b><br>Our signature meatballs in rich tomato marinara sauce.                                                                                | \$15.10 |
| <b>Chicken Classic Subway Footlong</b><br>A Subway® classic – a tender chicken patty with a flavour-packed coating.                                                           | \$17.20 |
| <b>Chicken Teriyaki Subway Footlong (Subway Footlong®)</b><br>Morceaux de poulet tendres imbibés dans une sauce teriyaki maison, relevés par une touche de sauce Oignon Doux. | \$17.20 |
| <b>Three Pepper Chicken Subway Footlong</b><br>Made with succulent 100% chicken breast, coated in golden, lightly peppered breadcrumbs, peppery but mild.                     | \$18.60 |
| <b>Chipotle Steak Melt Subway Footlong</b><br>Juicy steak topped with your choice of melted cheese, add some freshly prepared salads and finish it off with a flavours...     | \$18.60 |
| <b>Pork Riblet Subway Footlong</b><br>A succulent boneless pork riblet patty. Try it with BBQ sauce.                                                                          | \$14.10 |
| <b>Turkey Subway Footlong</b><br>Tranches de poitrine de dinde servies dans un sandwich footlong. Accompagnez-les d'une touche de mayonnaise pour une sav...                  | \$15.90 |
| <b>Leg Ham Subway Footlong</b><br>Jambon de cuisse fumé avec soin. Savourez-le accompagné d'une sauce moutarde au miel.                                                       | \$14.10 |
| <b>Veggie Delite with Avo Subway Footlong</b><br>With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.                              | \$14.10 |
| <b>Pizza Melt Subway Footlong</b><br>Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.                                                     | \$14.10 |

| ITEM                                                                                                                                                                  | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Italian B.M.T. Subway Footlong (Subway Footlong®)</b><br>The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.                         | <b>\$15.50</b> |
| <b>Roast Beef Subway Footlong</b><br>Carved roast beef. Try it with sweet chilli sauce.                                                                               | <b>\$15.90</b> |
| <b>Tuna and Mayo Subway Footlong</b><br>Morceaux de thon enrobés d'une mayonnaise onctueuse.                                                                          | <b>\$15.50</b> |
| <b>Chicken and Bacon Ranch Melt Subway Footlong</b><br>Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing                 | <b>\$18.60</b> |
| <b>Veggie Patty Subway Footlong</b><br>A veggie patty packed with vegetables, spices and bursting with flavour.                                                       | <b>\$15.40</b> |
| <b>Smashed Falafel Subway Footlong</b><br>A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.             | <b>\$15.40</b> |
| <b>Chicken Strips Subway Footlong</b><br>Tranches de poulet tendre.                                                                                                   | <b>\$16.90</b> |
| <b>Buffalo Chicken Subway Footlong</b><br>Morceaux de poitrine de poulet enrobés d'une sauce Buffalo épicée, accompagnés de votre choix de fromage bleu acidulé ou... | <b>\$17.20</b> |

## Subway Six Inch®

| ITEM                                                                                                                                                                      | PRICE          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Meatball Melt Subway Six Inch</b><br>Our signature meatballs in rich tomato marinara sauce.                                                                            | <b>\$10.20</b> |
| <b>Chicken Teriyaki Subway Six Inch</b><br>Tender chicken breast strips marinated in our signature teriyaki sauce. Try it with our Sweet Onion dressing.                  | <b>\$11.90</b> |
| <b>Three Pepper Chicken Subway Six Inch</b><br>Made with succulent 100% chicken breast, coated in golden, lightly peppered breadcrumbs, peppery but mild.                 | <b>\$12.80</b> |
| <b>Chipotle Steak Melt Subway Six Inch</b><br>Juicy steak topped with your choice of melted cheese, add some freshly prepared salads and finish it off with a flavours... | <b>\$12.80</b> |
| <b>Pork Riblet Subway Six Inch</b><br>Profitez d'un tendre patty de côtes de porc désossées, idéalement accompagné de sauce barbecue.                                     | <b>\$8.80</b>  |
| <b>Chicken and Bacon Ranch Melt Subway Six Inch</b><br>Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing.                    | <b>\$12.80</b> |
| <b>Buffalo Chicken Subway Six Inch</b><br>Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.             | <b>\$11.90</b> |
| <b>Leg Ham Subway Six Inch</b><br>Premium smoked leg ham. Try it with our honey mustard dressing.                                                                         | <b>\$8.80</b>  |
| <b>Veggie Delite with Avo Subway Six Inch</b><br>With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.                          | <b>\$8.90</b>  |
| <b>Turkey Subway Six Inch</b><br>Tranches de poitrine de dinde accompagnées de notre mayonnaise onctueuse.                                                                | <b>\$11.20</b> |
| <b>Pizza Melt Subway Six Inch</b><br>Tranches de pepperoni et salami superposées, nappées d'une sauce marinara maison, le tout gratiné avec du fromage fondu.             | <b>\$9.30</b>  |
| <b>Italian B.M.T. Subway Six Inch</b><br>The Subway® signature Italian B.M.T®. with layered pepperoni, salami and leg ham.                                                | <b>\$10.70</b> |
| <b>Roast Beef Subway Six Inch</b><br>Carved roast beef. Try it with sweet chilli sauce.                                                                                   | <b>\$11.20</b> |
| <b>Tuna and Mayo Subway Six Inch</b><br>Tuna chunks mixed with creamy mayonnaise.                                                                                         | <b>\$10.90</b> |

| ITEM                                                                                                                                                      | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Veggie Patty Subway Six Inch</b><br>A veggie patty packed with vegetables, spices and bursting with flavour.                                           | <b>\$11.20</b> |
| <b>Smashed Falafel Subway Six Inch</b><br>A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli. | <b>\$11.20</b> |
| <b>Chicken Strips Subway Six Inch</b><br>Des morceaux de poitrine de poulet savoureux et tendres.                                                         | <b>\$11.50</b> |
| <b>Chicken Classic Subway Six Inch (Subway Six Inch®)</b><br>A Subway® classic – a tender chicken patty with a flavour-packed coating.                    | <b>\$11.90</b> |

Wraps

| ITEM                                                                                                                                                                                 | PRICE          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Meatball Melt Wrap (Plain Wrap)</b><br>Our signature meatballs in rich tomato marinara sauce.                                                                                     | <b>\$10.20</b> |
| <b>Meatball Melt Wrap (Gluten Free Wrap)</b><br>Our signature meatballs in rich tomato marinara sauce.                                                                               | <b>\$12.00</b> |
| <b>Chicken Teriyaki Wrap (Plain Wrap)</b><br>Morceaux de poitrine de poulet marinés dans notre sauce teriyaki maison, accompagnés de notre vinaigrette à l'oignon dou...             | <b>\$11.90</b> |
| <b>Chicken Teriyaki Wrap (Gluten Free Wrap)</b><br>Morceaux de poulet savoureux marinés dans notre sauce teriyaki maison. Parfait avec notre vinaigrette douce à l'oignon.           | <b>\$13.70</b> |
| <b>Turkey Wrap (Plain Wrap)</b><br>Turkey breast slices. Try with our delicious mayo.                                                                                                | <b>\$11.20</b> |
| <b>Turkey Wrap (Gluten Free Wrap)</b><br>Turkey breast slices. Try with our delicious mayo.                                                                                          | <b>\$13.00</b> |
| <b>Chicken Classic Wrap (Plain Wrap)</b><br>A Subway® classic – a tender chicken patty with a flavour-packed coating.                                                                | <b>\$11.90</b> |
| <b>Chicken Classic Wrap (Gluten Free Wrap)</b><br>A Subway® classic – a tender chicken patty with a flavour-packed coating.                                                          | <b>\$13.70</b> |
| <b>Chipotle Steak Melt Wrap (Plain Wrap)</b><br>Empreinte de tendres morceaux de steak, le tout agrémenté d'une sauce Chipotle aux saveurs fumées, ce wrap offre une exp...          | <b>\$12.80</b> |
| <b>Chipotle Steak Melt Wrap (Gluten Free Wrap)</b><br>Faux steak en dés juteux, nappé d'une sauce chipotle fumée, enveloppé dans une galette sans gluten.                            | <b>\$14.60</b> |
| <b>Chicken and Bacon Ranch Melt Wrap (Plain Wrap)</b><br>Des morceaux de poulet juteux et tendres, accompagnés de lard croustillant et assaisonnés d'une riche sauce ranch crémeu... | <b>\$12.80</b> |
| <b>Chicken and Bacon Ranch Melt Wrap (Gluten Free Wrap)</b><br>Tender breast chicken strips, topped with flavoursome streaky bacon, and creamy ranch dressing                        | <b>\$14.60</b> |
| <b>Buffalo Chicken Wrap (Plain Wrap)</b><br>Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.                      | <b>\$11.90</b> |
| <b>Buffalo Chicken Wrap (Gluten Free Wrap)</b><br>Chicken breast strips marinated in spicy buffalo sauce. Try it with the tangy Blue Cheese or creamy Ranch dressing.                | <b>\$13.70</b> |
| <b>Three Pepper Chicken Wrap (Plain Wrap)</b><br>Rien                                                                                                                                | <b>\$12.80</b> |
| <b>Three Pepper Chicken Wrap (Gluten Free Wrap)</b><br>Faux-filet de poulet enveloppé dans une galette sans gluten, enrobé de chapelure dorée et assaisonné de trois poivres po...   | <b>\$14.60</b> |
| <b>Leg Ham Wrap (Plain Wrap)</b><br>Premium smoked leg ham. Try it with our honey mustard dressing.                                                                                  | <b>\$8.80</b>  |
| <b>Leg Ham Wrap (Gluten Free Wrap)</b><br>Premium smoked leg ham. Try it with our honey mustard dressing.                                                                            | <b>\$10.60</b> |

| ITEM                                                                                                                                                                           | PRICE          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Chicken Strips Wrap (Plain Wrap)</b><br>Tender chicken breast strips.                                                                                                       | <b>\$11.50</b> |
| <b>Chicken Strips Wrap (Gluten Free Wrap)</b><br>Tender chicken breast strips.                                                                                                 | <b>\$13.30</b> |
| <b>Veggie Delite with Avo Wrap (Plain Wrap)</b><br>Un wrap avec avocat crémeux, garni d'une variété de légumes frais de votre choix, accompagné de votre fromage préféré et... | <b>\$8.90</b>  |
| <b>Veggie Delite with Avo Wrap (Gluten Free Wrap)</b><br>With creamy avocado and packed with your choice of wide selection of salads, cheese and sauces.                       | <b>\$10.70</b> |
| <b>Pizza Melt Wrap (Plain Wrap)</b><br>Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.                                                    | <b>\$9.30</b>  |
| <b>Pizza Melt Wrap (Gluten Free Wrap)</b><br>Layered pepperoni and salami topped with our tomato marinara sauce and melty cheese.                                              | <b>\$11.10</b> |
| <b>Italian B.M.T. Wrap (Plain Wrap)</b><br>Une délicieuse combinaison de pepperoni, salami et jambon cuit enveloppée dans une galette au goût neutre pour une expér...         | <b>\$10.70</b> |
| <b>Italian B.M.T. Wrap (Gluten Free Wrap)</b><br>Un généreux assortiment de pepperoni, salami et jambon de Paris enveloppé dans une galette sans gluten.                       | <b>\$12.50</b> |
| <b>Roast Beef Wrap (Plain Wrap)</b><br>Carved roast beef. Try it with sweet chilli sauce.                                                                                      | <b>\$11.20</b> |
| <b>Roast Beef Wrap (Gluten Free Wrap)</b><br>Carved roast beef. Try it with sweet chilli sauce.                                                                                | <b>\$13.00</b> |
| <b>Veggie Patty Wrap (Plain Wrap)</b><br>A veggie patty packed with vegetables, spices and bursting with flavour.                                                              | <b>\$11.20</b> |
| <b>Veggie Patty Wrap (Gluten Free Wrap)</b><br>A veggie patty packed with vegetables, spices and bursting with flavour.                                                        | <b>\$13.00</b> |
| <b>Smashed Falafel Wrap (Plain Wrap)</b><br>A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.                    | <b>\$11.20</b> |
| <b>Smashed Falafel Wrap (Gluten Free Wrap)</b><br>A popular meat-free option – delicious falafel made with chickpeas, herbs and spices. Try it with garlic aioli.              | <b>\$13.00</b> |
| <b>Pork Riblet Wrap (Plain Wrap)</b><br>A succulent boneless pork riblet patty. Try it with BBQ sauce.                                                                         | <b>\$8.80</b>  |
| <b>Pork Riblet Wrap (Gluten Free Wrap)</b><br>A succulent boneless pork riblet patty. Try it with BBQ sauce.                                                                   | <b>\$10.60</b> |
| <b>Tuna and Mayo Wrap (Plain Wrap)</b><br>Morue effilochée mélangée à une mayonnaise onctueuse.                                                                                | <b>\$10.90</b> |
| <b>Tuna and Mayo Wrap (Gluten Free Wrap)</b><br>Tuna chunks mixed with creamy mayonnaise.                                                                                      | <b>\$12.70</b> |

## Sides/Extras

| ITEM                                                                                                                                        | PRICE         |
|---------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| <b>Meatball Mozza Pot</b><br>Six boulettes de viande baignées dans une sauce marinara, coiffées d'une couche de mozzarella fondue.          | <b>\$4.20</b> |
| <b>Cheesy Garlic Toastie</b><br>These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today!   | <b>\$3.70</b> |
| <b>Garlic and Herb Toastie</b><br>These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today! | <b>\$3.70</b> |
| <b>Avocado Toastie</b><br>These 3 tasty toasties flavours are the best addition to your sub. So simple yet so yummy! Try one today!         | <b>\$3.70</b> |

| ITEM                                                                                                                                                                           | PRICE   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <div><div>Double Chocolate Chip Cookie</div><div>Un duo de chocolat fondant dans chaque bouchée, alliant pépites moelleuses et une douceur cacaotée.</div></div>               | \$1.60  |
| <div><div>White Chip Macadamia Nut Cookie</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                    | \$1.60  |
| <div><div>Choc Chip MandM Cookie</div><div>Un mélange gourmand de pépites de chocolat et de M&amp;M's fondants, nichés dans chaque bouchée d'un biscuit moelleux.</div></div>  | \$1.60  |
| <div><div>Chocolate Chip Cookie</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                              | \$1.60  |
| <div><div>Oatmeal Raisin Cookie</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                              | \$1.60  |
| <div><div>Pack of 2 Cookies</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                                  | \$2.50  |
| <div><div>Pack of 3 Cookies</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                                  | \$3.70  |
| <div><div>Pack of 6 Cookies (Sides/Extras)</div><div>Don't say we didn't warn you, our cookies are irresistible.</div></div>                                                   | \$7.40  |
| <div><div>Pack of 12 Cookies</div><div>Assortiment de 12 biscuits, chaque pièce offrant une douceur parfaite, allant du chocolat classique à des saveurs plus a...</div></div> | \$12.40 |

Drinks

| ITEM                                                              | PRICE  |
|-------------------------------------------------------------------|--------|
| <div><div>Coca-Cola 600mL</div><div></div></div>                  | \$5.50 |
| <div><div>Coca-Cola No Sugar 600mL</div><div>false</div></div>    | \$5.50 |
| <div><div>Coca-Cola Zero 600ml</div><div>false</div></div>        | \$5.50 |
| <div><div>Coca-Cola Vanilla 600mL</div><div></div></div>          | \$5.50 |
| <div><div>Coca-Cola Vanilla No Sugar 600ml</div><div></div></div> | \$5.50 |
| <div><div>Sprite 600ml</div><div></div></div>                     | \$5.50 |
| <div><div>Fanta Orange 600ml</div><div></div></div>               | \$5.50 |
| <div><div>L and P 600mL</div><div>false</div></div>               | \$5.50 |
| <div><div>Coca-Cola 420mL</div><div></div></div>                  | \$4.60 |
| <div><div>Coca-Cola No Sugar 420ml</div><div></div></div>         | \$4.60 |
| <div><div>Pump Water 750mL</div><div></div></div>                 | \$5.00 |
| <div><div>Pump Lime 750ml</div><div></div></div>                  | \$5.00 |
| <div><div>Mini Pump 400mL</div><div>false</div></div>             | \$4.20 |
| <div><div>V Energy Drink 350ml</div><div>false</div></div>        | \$5.70 |
| <div><div>V Energy Drink 500ml (Drinks)</div><div></div></div>    | \$6.10 |
| <div><div>Fuze Iced Tea Peach 500mL</div><div></div></div>        | \$5.60 |

| ITEM                                           | PRICE  |
|------------------------------------------------|--------|
| Fuze Iced Tea Lemon 500mL                      | \$5.60 |
| Powerade PET Berry Ice 750ml                   | \$5.80 |
| Powerade PET Mountain Blast 750mL              | \$5.80 |
| Powerade Zero Mountain Blast 750ml             | \$5.80 |
| false                                          |        |
| Barista Bros Double Espresso Iced Coffee 500ml | \$5.60 |
| MOST Organic Juice 275mL                       | \$5.20 |
| false                                          |        |
| MOST Apple Orange and Mango 275ml              | \$5.20 |
| false                                          |        |
| MOST Sparkling Apple Blackcurrent 275ml        | \$5.20 |
| Orange Juice 350mL                             | \$4.60 |
| Keri Kids Apple Blackcurrent 250mL             | \$4.00 |

Kids Pak™

| ITEM                                                                                                                        | PRICE  |
|-----------------------------------------------------------------------------------------------------------------------------|--------|
| Ham Mini Sub                                                                                                                | \$9.80 |
| Premium smoked leg ham 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.                                 |        |
| Turkey Mini Sub                                                                                                             | \$9.80 |
| Un tendre morceau de poitrine de dinde, découpé avec soin, niché dans un pain de 4 pouces. Accompagné d'une boisson frui... |        |
| Roast Beef Mini Sub                                                                                                         | \$9.80 |
| Carved roast beef 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.                                      |        |
| Veggie Delite with Avo Mini Sub                                                                                             | \$9.80 |
| Veggie Delite™ with avo 4-inch mini sub with a Wattie's Fruit Squirtz™ and 400ml Pump water.                                |        |